



We use only fresh Organic produce for our juices and make them to order every time.

Many of our Ingredients are local when available, and our selections of the week are based on what we are getting from our local farmers.

**Turbo Charge Add to any drink: Wheat Grass -3 Chia - 1 Spirulina - 1 Almonds -1 Protein - 1.5**

**Wheat Grass Shooter** 3oz Fresh Pressed Wheat Grass mellowed with fresh apple and citrus -5  
**Ginger Citrus Shooter** 3 oz Fresh Ginger with lemon and orange- 5

All Juices, Smoothies and Greenies are 16oz

## Juices

**\$8.50**

**Bunny Spice** – Carrots and Ginger  
**Bunny Greens** – Carrots, Greens, Lemon  
**Mellow Greens** – Romaine, Kale, Cucumber, Apple, Celery, Lemon

**Beatnik** – Beet, Apple, Carrot, Lemon  
**Red Reviver** – Apple, Cucumber, Beet, Celery, Parsley, Lemon  
**Apple a Day** – Apple, Carrot, Celery, Greens

**\$10.50**

**Green Mile** – Greens, Cucumber, Celery, Lemon, Lime- all the green stuff we got- Diabetic Friendly  
**Hot Pink**– Pineapple, Apple, Beet, Ginger

**Rise and Shine** – Greens of Choice, Apple, Pineapple, Orange, Lemon  
**Johnny Apple Greens** – Greens of Choice , Apple, Lemon

## Smoothies

**\$8.50**

**Dreamcicle** – Orange, Banana, Almond Milk, Almonds  
**Ginger Berry** – Banana, Blueberries, Orange, Chia, Ginger Almond Milk

**Ginger Dreams** – Banana, Orange, Ginger, Chia, Almond Milk  
**Immune Berry Blast** – Banana, Blueberries, Strawberries, Acai, Chia, Greens or Spirulina

**\$10.50**

**Nuts and Berries** – Strawberries, Blueberries, Banana, Almond Milk, Almond Butter, Sunflower Seeds  
**Carrot Cake** – Carrot, Ginger, Almond Milk, Banana, Cinnamon

**Double Chocolate Almond** – Banana, Almond Milk, Coco Powder, Cacao Nibs,  
**Sweet Wheat Treat** – Banana, Orange, Apple, Wheat Grass

## The “Greenies”

**\$8.50**

**Tropical Greens** – Pineapple, Banana, Orange, Greens, Almonds  
**Cucumber Cooler** – Cucumber, Celery, Apple or Orange, Greens, Lemon or Lime  
**Green Dreams** –Orange, Celery, Cucumber, Greens Lemon

**Thai Greens** – Pineapple, Apple, Greens Ginger  
**G-Force** – Pineapple, Apple, Almonds, Spinach, Lime, Banana, Spirulina  
**Green Goddess** – Apple, Cucumber, Celery, Greens  
**Sea Greens** – Banana, Orange, Almonds, Spirulina

## Sandwiches

Add Chicken or Tempeh \$3  
Turn any Sandwich into a Salad for \$3  
Try Any Wrap on a Collard Green

- \$12.95 **Mediterranean Wrap** – Fresh Made Hummus, Cucumber, Carrot, Tomato, Red Pepper, Olives, Feta, Mixed Greens and Sprouts
- \$13.95 **Tuna Sandwich** – Wild Albacore Tuna, Capers, Onion, Celery, Topped with Melted Cheese, Greens and Sprouts, On a Sprouted Bun
- \$10.95 **EverQuake** – Avocado, Tomato, Cucumber, Sunflower Seeds, Sprouts and Mixed Greens Tossed in Evergreen Marinade
- \$12.95 **Black Bean Burrito** – House Chimichuri Sauce, Avocado, Sprouts, Spinach, Grilled Onions and Peppers, with Chipotle Cream, Served in Collard Leaf or Toasted on a Whole Wheat Tortilla
- \$12.95 **Chipotle BBQ Sandwich** – House-made Sweet & Spicy BBQ Sauce with Organic Chicken or Tempeh, Grilled Onions, Tomatoes, Jack Cheese with Greens on a Sprouted Bun
- \$7.95 **Grilled Cheese** – Grilled Cheese with Tomato, Avocado, Sprouts and Spinach on Gluten Free Millet Chia Bread, , Served with Salad ( or Soup when Available)

## Salads

Add Organic Chicken or Tempeh \$4

- \$10.95 **Kale Salad** – Kale Marinated in Avocado, Lemon and Olive Oil, Topped with Red Pepper, Carrot and Tomato
- \$12.95 **Mediterranean Salad** – Local Greens with Feta, Tomato, Olives, Capers, Red Onion, Sprouts, Cucumbers and House-made Herb Vinaigrette
- \$14.95 **“Zen”ergy Salad** – Local Greens, Julienned Beets, Carrots and Radish, Red Pepper, Cucumber, Avocado, Edamamae, Sprouts, Pumpkin Seeds, Sweet Chili Pumpkin Seeds, Dressed with an Almond Chili Sauce and Sweet Chili Lime Vinaigrette
- \$10.95 **Green Market Salad** – Local Greens with Your Choice of 4 Toppings, Plus Your Choice of Dressing

## Kids Menu

Comes with Choice of Apple, Orange Slices, Veggie Sticks or Trail Mix

- \$6.95 **Almond Butter Roll-up** – House-made Almond Butter on a Sprouted Tortilla with Apple or Banana Slices and a Touch of Cinnamon
- \$6.95 **Chicken Fingers** – Organic Slices of Chicken with BBQ, Ketchup or Honey Mustard
- \$6.95 **Hummus and Veggies** – Side of Hummus with Carrot and Celery Sticks
- \$5.95 **Quesadilla** – Organic Cheese Melted on a Sprouted Tortilla. Add Chicken for \$2
- \$4.95 **Kids Smoothie** – Banana + (choice of 2) Blueberries, Orange, Apple, Spinach, Kale, Almond Milk, Coconut Water or Pineapple
- \$5.95 Zack Attack, Nuts & Berries & Chocolate Almond

## Breakfast Menu

- \$6.95 **Almond Butter Roll-up** – House-made Almond Butter on a Sprouted Tortilla with Apple or Banana Slices and a Touch of Cinnamon
- \$4.95 **Chia Toast** – Toasted Gluten-free Chia Bread, Topped with Homemade Nut Butter or Coconut Cinnamon Agave Spread
- \$5.95 **Café Synergy Muesli** – Medley of Seeds and Nuts served with Your Choice of Almond Milk or Greek Yogurt topped with Fresh Fruit
- \$4.95 **Ezekiel Muffin** – Sprouted Muffin with Homemade Nut Butter or Coconut Cinnamon Agave Spread